Student & Family Mental Wellness Forum

We're All in This **Together: Supporting Youth** Mental Health. May 3rd, 2023 Jay M. Robinson High 5pm-7pm

- 20+ community mental wellness and resource providers onsite
- Panel discussion with CCS school mental health professionals
- Food Trucks on site
- Activities for school aged children
- So much more!

Register Online:





Keynote Speaker: Dr. Sonyia Richardson Ph.D., M.S.W., L.C.S.W

Cabarrus

ounty Schools

Licensed clinical social worker. researcher, author, and educator, Dr. Richardson is an Assistant Professor at UNC Charlotte and the Director of the Mental Health Research and Practice Lab. Provider Details: She is a renowned speaker and acclaimed expert on the matter of youth and mental wellness. In addition to teaching, Dr. Richardson is the Owner of Another Level Counseling and Consultation, a local agency which has provided behavioral healthcare services for over 15 years.