

# Partners Community Engagement August 2022 Trainings

All Trainings are Virtual via Zoom and Are Two Hours Unless Otherwise Specified

For more information contact: Jeanne Patterson, [jpatterson@partnersbhm.org](mailto:jpatterson@partnersbhm.org)

**QPR (Question Persuade Refer) Suicide Prevention** - Many have experienced recent losses. The risk of suicide is still high. This training teaches the skills to intervene in a suicide crisis. **\*\*the maximum number of people allowed to participate in a virtual QPR training at one time is 30; registration is on a first come first serve basis.**

**Aug 18, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJlpcu2prj8qHNdqZvqhYn5dcve3oZYR5fzG>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Community Resilience Model® (CRM)** - The Community Resilience Model® teaches participants about the impact of trauma and chronic stress on the nervous system, behavior, and long-term health. Participants learn how to reset the nervous system with easy to learn, concrete, coping skills. One of the goals of CRM is to create trauma-informed and resilient communities. **This three-hour class allows more time to practice all the skills.**

**Aug 17, 2022 09:00 AM Eastern Time**

Register in advance for this meeting:

[https://partnersbhm.zoom.us/meeting/register/tJAtfuqqrzpkGN3inU\\_5-pwuNNagRJFgUz8X](https://partnersbhm.zoom.us/meeting/register/tJAtfuqqrzpkGN3inU_5-pwuNNagRJFgUz8X)

After registering, you will receive a confirmation email containing information about joining the meeting.

**Human Trafficking: Keeping Our Children Safe** Human Trafficking is a global problem, even in the United States. Children may be spending more time online than usual. Learn about trafficking around the world and some ideas about how to keep our children safe.

**Aug 15, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJMqfuGgpzgjG9L11tNaxQMjxVAp1ynv9bkF>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Domestic Violence: How to Help** Many of us are still home more than usual and the risk for domestic violence is high. Learn how to spot the signs of domestic violence and how to help.

**Aug 24, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJlkd-mhrjMvHtZzhbokAAOkPCHAFTfITrk>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Darkness to Light** -This training provides education about child sexual abuse and the steps you can take to prevent and report child sexual abuse. This training is offered two times in April. You may register for either one. **Seats are limited. Please register early.**

**Aug 12, 2022 10:00 AM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJcvdeuqgT4uHdG3tBAq7zUNPQw3iD3EkaSD>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Introduction to Trauma and Resilience** - Most of us have experienced trauma at some time. This can have a lasting effect on our learning, behavior, and health. Learn about trauma and how to address the effects as well as how to develop resilience.

**Aug 9, 2022 10:00 AM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJcqf-mpqDkuE91oe6UfGJOuMzCLaPZ-yTWt>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Trauma Informed Care** Let's look at how our behavior affects others with trauma history. What are some simple changes we can make using what we know about trauma?

**Aug 25, 2022 10:00 AM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJUuf-GpqDwqGNDsWUEw72kmjl5PrIQXNEyT>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Mental Health 101** In this two-hour training, learn about some of the more common behavioral health disorders. The class includes treatment and what to do in a crisis.

**Aug 23, 2022 10:00 AM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJApf-CupzMiEt2IydSC2OHOyRBiPwpCyhmo>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Risk & Resilience Buffering Toxic Stress Modules 1-3-** This training provides information about how early childhood stress and trauma can result in negative outcomes in areas of learning, behavior and health throughout the lifespan. The definition of early childhood mental health as promoting healthy social emotional development through nurturing young minds from birth throughout early childhood is the core principle of this training.

**Aug 29, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJ0of-6grjgsGdTat30vuMn889hcfIQiiY1e>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Risk & Resilience Buffering Toxic Stress Module 4 Limbic Calming and Module 5 Cortical**

**Coping** This is a follow-up to Modules 1-3. Module 4 teaches how to help very children calm their limbic systems. In Module 5 we will learn about healing the cortical brain to develop active coping skills such as impulse control and problem solving.

**Aug 30, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

[https://partnersbhm.zoom.us/meeting/register/tJ0rcOitqzMQEtSNm\\_uzj\\_eOy8\\_ATcPyRzxm](https://partnersbhm.zoom.us/meeting/register/tJ0rcOitqzMQEtSNm_uzj_eOy8_ATcPyRzxm)

After registering, you will receive a confirmation email containing information about joining the meeting.

**Risk & Resilience Buffering Toxic Stress Module 6: Building Adult Resilience** We have focused on young children and how we can support their development. This final one hour module shifts to the importance of well-being in adults and how we can continue to build our resilience. Modules stand alone and there are no prerequisites to attend any of the modules.

**Aug 31, 2022 02:00 PM Eastern Time**

Register in advance for this meeting:

<https://partnersbhm.zoom.us/meeting/register/tJYtdO6rqDoiGde9-NjRAXnYEOy-2gCrL3xC>

After registering, you will receive a confirmation email containing information about joining the meeting.

## Partners System of Care/Community Training Coordinators

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