

Child Care Health Consultant Monthly Newsletter

September 2021



Cabarrus Health Alliance (CHA) Guidance for Child Care Settings:

The following set of recommendations are adapted from Guidance for Child Care Settings from the US Centers for Disease Control and Prevention (CDC) and the North Carolina Department of Health and Human Services (NCDHHS) [ChildCareStrongNC Public Health Toolkit](#) and should be used to help guide child care settings with their COVID-19 response and mitigation efforts.

Prevention Strategies: The Cabarrus Health Alliance **strongly recommends:**

- Encouraging child care staff to get vaccinated. Evidence shows that COVID-19 vaccines are safe and effective at preventing COVID-19, including severe illness and death. COVID-19 vaccines can also reduce the risk of people spreading COVID-19.
- Requiring all adults, regardless of vaccination status, and all children two years or older wear a face covering at all times when indoors, unless the person (or family member for a child) states that an exception applies or when the person is eating or sleeping. Wearing a mask can help protect those who are not eligible or cannot be vaccinated, especially when community viral spread is high.
- Maintaining physical distance, when possible. When it is not possible, it is especially important to layer multiple prevention strategies, such as cohorting, masking indoors, improved ventilation, handwashing, covering coughs and sneezes, and regular cleaning to help reduce transmission risk. Further details about these strategies can be found in the [ChildCareStrongNC Public Health Toolkit](#).
- Encouraging staff and parents of children to self-screen and monitor for symptoms of COVID-19 before arriving to child care each day. Anyone with symptoms or presumed to be positive should stay home until they satisfy the return criteria and contact their healthcare provider for testing and care.

Isolation and Quarantine

- If a child or staff person receives a positive COVID-19 test, or is presumed to be positive, they must isolate and cannot return to child care for 10 days after either the start date of symptoms or test date, if the individual has no symptoms, to make sure they do not spread the virus.
- If a child or staff person is identified as a close contact to a positive, it is recommended that they complete a 14- day quarantine beginning from the last date of contact with a positive.
 - CDC has offered options to reduce the duration of quarantine. If quarantine is reduced to less than 14 days, the individual must continue to monitor for symptoms daily and strictly adhere to interventions intended to reduce the spread of COVID-19 through day 14. If an individual can strictly adhere to interventions to reduce spread, options to reduce the duration of quarantine are available in either of the following two scenarios:
 - *10 days of quarantine have been completed and no symptoms have been reported during daily monitoring;
 - *7 days of quarantine have been completed, no symptoms have been reported during daily monitoring, and the individual has received results of a negative PCR/molecular test on a test taken no earlier than day 5 of quarantine.
 - In the event of a cluster, the Cabarrus Health Alliance strongly recommends the completion of a full 14- day quarantine for all classrooms and/or close contacts associated with that cluster.

Should you have any questions about the above guidance, please reach out to Tagny or Laura at the Cabarrus Health Alliance Emergency Operations Center at (704) 920-1259.

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Cabarrus Partnership
for children



2021 Training Calendar

SIDS: September 7th, and October 5th

Call or Email Lissy to register, 704-933-8278, or lvrios@cabarruspartnership.org
*****ALL CLASSES are at CFA, now Multiply Church (same location) from 6—8 p.m.*****

150 Warren C Coleman Blvd. Concord, NC 28027

**Enter through back doors to the left of the Assisted Living Center
UNDER THE SIGN FOR THE THEATRE/CAFETERIA**

UPCOMING TRAININGS

Visit the website below to locate your vaccine:

YourSpotYourShot.nc.gov

Cabarrus Health Alliance 704-920-1213

Healthinfo@cabarrushealth.org

APPLICATIONS NOW OPEN FOR 2021-2022 SCHOOL YEAR!

Cabarrus County children who will be **4 years old** by August 31, 2021 may be eligible for NC Pre-K.

Encourage parents and caregivers to contact

Cabarrus Partnership for Children.

For MORE INFORMATION AND TO APPLY, call:

704-933-8278 or visit our website: www.cabarruspartnership.org



Important Contacts



NC DCDEE

1-800-859-0829

Debra Pless, RN, CCHC

704-791-0058

Carolinas Poison Center

1-800-222-1222

Melissa Jones, RN, CCHC

704-787-2638

Cabarrus County DHS

704-920-1400

NC Immunization Branch

919-707-5550

Criminal Background Check Unit Line

919-527-6620